

You Are Beautiful - God Said So!

Have you ever wondered why some women are so negative about themselves? What are some of the root causes why women hurt each other and are envious towards each other? Is it wrong to love yourself? These questions, women ponder in their heads on a daily basis. Today, society (and in many churches) put a lot of pressure on women through brainwashing them to believe that it's wrong to love yourself and appreciate yourself.

Many times we pretend that we do not care about other people's opinions about us. But to some extent we really do care what other people think about us. Who do you love if you don't love yourself? How can you love if you don't love yourself first? When can you love if you don't love yourself first? It is so important that we, as women, learn to love and appreciate ourselves. We should be the first to say "I love me!"

Feel good about you. No one is perfect and there are things that we all need to work on, but while we are working on us and while God is perfecting us and all that concerns us, we must love ourselves. We mean the world to God. People will talk and talk and talk. No matter what you do, it's never good enough. No matter what you wear, somebody is waiting to say something to hurt your feelings. No matter what style of hair you choose, you cannot expect everyone to compliment you. Therefore, be happy with yourself. "You are fearfully and beautifully made." (Psalm 139:4) God said so!

As Christian women we have a beauty that is skin deep. True beauty comes from within and emulates outside. God's beauty is pure and lasting. You are beautiful! If no one ever tells you, tell yourself "I'm beautiful!" You may have been through a whole lot in your life but you are beautiful. Divorced or separated, young, middle age, or older and wiser, working in the corporate world, in the government, private practice, your own business ... you are beautiful! Whether riding on public transportation or driving a fine car ... you are beautiful! You can own a home or rent an apartment ... you are beautiful!

Affirm yourself as you work on yourself. God will restore, renovate and repair. He is working to make you, to make us ... every woman ... better. Watch God work in your life. "He who has begun a good work in you will complete it." (St. Matthew 11:29)

God has designed us for a purpose. What makes our lives valuable is having a vision. The ability to accomplish your God-given dream is one of the greatest achievements we can fulfill. Don't allow negative people to abort your dreams and desires. All of us have felt that "roller coaster" experience. Up today and down tomorrow. We have had our self-esteem lowered. We have felt as if we were just castaways. However, what a mighty God we serve! "Do not cast away your confidence for it will be richly rewarded." (Hebrews 10:35) So, don't let go! Let nothing or no one shake your faith. "The vision is for an appointed time. Though it tarry, wait for it, for it will surely come." (Habakkuk 2:3)

Women ... behold your beauty. You are precious in the eyes of God. The sky is the limit to what you can have. You can do the impossible. God made you uniquely. We are His creation. We must continue to let the devil know that no weapon that no weapon formed against us shall prosper. We will not move or give up our seat to Satan who comes to kill, steal and destroy. "Who can find a virtuous woman, for her praise is worth more than rubies." (Proverbs 31:10) Behold your beauty. Your loveliness. Your elegance. Your outstanding features. When you affirm yourself and speak highly of yourself and what the Lord has done in your life (with no conceit), it sets the stage for others to appreciate you and to love you for who you are.

Remember, we are the "temple of the Holy Spirit." Fill your thoughts with the promises of God found in His Word ... promises of peace, joy, and freedom ... promises of safety, deliverance and provision ... promises of a future and a hope that are only found in our Lord and Savior Jesus Christ. As you rest on the promises of God, victory will come alive in every area of your life.

"You are God's handiwork. You were created in Christ that you may do the good works that God predestined." (Ephesians 2:10) As you continue to grow in the promises of God through prayer and fellowship and believing in yourself, you will gain the confidence that you need to free yourself from the

opinions of others and allow yourself to be the woman God called you to be. BEAUTIFUL ... GOD SAID SO!

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