

Tough places

Have you ever found yourself in a “tough place?” You don’t know what to do. Who to call? What to say? You feel as if you cannot take anymore! You’ve just had enough and enough is enough! Why me, Lord? Why do I continue to find myself in these unexpected, pushed in a corner, seemingly impossible situations? I need to have some peace. I need to feel that I am flying above and not below. Coming to church on Sunday mornings is great. I am lifted and so spiritually blessed. However, when all is said and done, it’s not long before I find myself in another “tough place.”

There are times that we cannot even put a label on what it is. Why do we feel sometimes depressed or upset and there is nothing really going on what would make us feel this way? The world is changing in ways that we never imagined. We are filled with emotions, thoughts, ideas, ethics, and other philosophies that we never get to express, and if we do, we are ignored until our thoughts lose their adequacy and we are left with a sigh or a grunt.

I would like to encourage you that your feelings do not go unnoticed or unfelt by the Lord. He knows every thought in your mind and heart. There are times when we are put in “tough places” to make us sharper and even more valued. We learn in “tough places.” God is with us in “tough places.” When tests come our way God is working and we cannot doubt what He can do. “For you O God tested us. You refined us like silver.” [Psalms 66:16](#)

Are you where you believe God has placed you for this season in your life; professionally, personally, and spiritually? In looking at your life, can you see a pattern of God’s direction? Have you ever strayed from God’s direction? How did you get back on track? Have you ever had to sacrifice something that meant a lot to you in the short run in order to obtain something better in the long term? If so, what was the process that you went through emotionally and spiritually to arrive at the place you are today? I am sure you were in some “tough places” that you thought you could not survive. BUT GOD!!!

On a personal note, I have been in some “tough places.” I don’t know what tomorrow holds and I am sure because of the challenges of life that I have not seen or been through my final “tough place.” I do, however, know that I serve a mighty God. And, when I don’t feel motivated or driven to go through whatever I have to face, He will strengthen me and take me through my “tough places.” God will energize you. His power and ability is amazing. “Great is our Lord, and of great power: His understanding is infinite.” [Psalms 147:5](#)

I have been blessed with family and friends who genuinely love me. For this, I am truly grateful. BUT, there are some “tough places” that only I could get through with the help of God. No matter who loves you or how much they love you, there are some situations that only God can get you through.

Your days may not always be pleasant, nor will your problems always swiftly end. You will sometimes wonder why and when? The answer is your “destiny.” Those “tough places” are making room, preparing you, taking you through the process the process of the “good” things that the Lord has in store for you.

May God grant you long life, good health, great success and provide you with loyal friends who will be there during and after you have come through your “tough places.” And, if they are not there ..GOD IS!

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